

# Effectiveness of a Life Skills Program for Adolescents

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## Beach Kids Therapy Center

- Outpatient pediatric clinic located in Laguna Hills and San Clemente
- Target population: Birth to 18 years old
- Interdisciplinary team comprising of OT, PT, ABA, SLP
- Specialize in Sensory Integration, ASD and developmental delays

1. The doctorate student created and implemented a life skills program for adolescents to improve their occupational engagement and independence in IADLs.